

WHAT PENDING DISASTER

recently resulted in the second ever United Nations
General Assembly on Health in its 67-year history?

*“undermines social and economic development throughout the world and
threatens the achievement of internationally agreed development goals”*

Resolution adopted by the United Nations General Assembly Jan 2012

A disaster far, far greater than all of our hurricanes, earthquakes and
tsunamis combined, affecting the lives of millions of people from every
country throughout the world and costing trillions of dollars?

THE “SLOW MOTION DISASTER”

“Beyond the coping capacity of even the wealthiest countries in the world”

Director General of the WHO Sep 2011

“THE GLOBAL EPIDEMIC OF NON-COMMUNICABLE DISEASES (NCDs)”



COMMUNITY HEALTH EDUCATION & SCREENING (CHE&S)

“The Most Important Knowledge”

How valuable is this knowledge as medical treatment?



**FREE HEALTH SCREENING &
“THE MOST IMPORTANT KNOWLEDGE”**



**The World Health Organization
Reports that**

- 80%** of Premature Heart Disease (#1 Killer)
- 80%** of Stroke (#3 Killer)
- 80%** of Diabetes (#6 Killer)
- 40%** of Cancer (#2 Killer)

and **NUMEROUS** other conditions
Can be Prevented by
YOU
Doing Just 3 Things

(Much more important than all of our hospitals&clinics,
doctors&nurses, and drugs&surgeries combined.)

LEARN ABOUT “THE 3 THINGS”
WHEN:
WHERE:

From WHO 2005 HEPFDC www.hepfdc.info

If the WHO and HHS reports are true, this knowledge is worth trillions, actually many trillions of dollars (Chan 2011, Rosenbaum and Lamas 2011).

How much do you think a drug company could charge for a pill that would reduce premature heart disease alone by just 5 %, and with *no adverse effects*?

Even if the WHO /HSS percentages were off by half or more, all of our hospitals and clinics, doctors and nurses, and drugs and surgeries combined cannot come anywhere close to achieving these kinds of results.

ADVERTISING FLYER

“THE 3 THINGS” APPROACH

CHE&S Health Screening Record p 1&4 (Also available in Spanish) (1 sheet, folded) is given to the patient:

To enable reinforcement and multiplication of knowledge to family and friends.

To provide information on follow-up support services for identified problems (Page 4).

U.S.
English
Example

INLAND HILLS CHURCH
14670 Ramona Ave.
Chino, CA 91710
909.393.1577
inlandhillschurch.com

SPANISH MINISTRY

Spanish Services
At our Spanish service, you will experience great music and a message that's relevant to your life. We also provide fun and safe classes for your children and youth where they can enjoy learning about God and His love for them.

Spanish services are held on Sundays at 11:30am in the Ministry Center, Room 103. For questions or additional information, contact Pastor Claudio Dias at claudio@inlandhillschurch.com.

Spanish Small Groups
We encourage everyone to get connected in a small group to experience genuine relationships and to grow in their relationship with God and His Word. There are groups for women, men and married couples. Visit inlandhillschurch.com for more information on these groups.

Women's Groups

Monday 9am Weekly in Chino Hills	Thursday 7pm Weekly at Inland Hills Church
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Men's Group
Thursday
7pm Weekly at Inland Hills Church

MarriedLIFE Group
Saturday
6pm Every Other Week in Chino Hills

Other Care Ministry Groups Available
DivorceCare – A ministry helping those with the pain that divorce can cause.
GriefShare – A ministry for those grieving the death of a loved one.
Real+Solutions – Here to help you find freedom from hurts, hang-ups and habits.

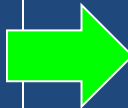
 **Monte Vista Park Medical Clinic**
Located at:
13152 Monte Vista Ave.
Chino, CA 909.590.7093

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Local
Faith-based
Services



Local
Sliding
Scale
Clinic



HEALTH SCREENING & EDUCATION RECORD



The World Health Organization

Reports that

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(#1 Killer)

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40% of Cancer (#2 Killer)

and **NUMEROUS** other conditions
can be prevented by

YOU

doing just **3** things...

(Much more important than all
of our hospitals & clinics, doctors & nurses,
and drugs & surgeries combined.)

THE 3 THINGS

1. Healthy Diet

Whole-Food Plant-Based

2. Not Using Tobacco

5,000,000

3. Adequate Exercise

From WHO 2005
HEPFDc www.hepfdc.info

HEALTH SCREENING RECORD

NAME: _____
 Surname: Nom/Apellidos (Last) Given names: Prenoms/Nombres (First) (Middle)

Age: _____ Date (Mo/Da/Yr) : _____ Registration Number: _____

1. Do you get less than 30 minutes exercise per day? Yes ___ No ___
 2. Do You Use Tobacco? Yes ___ No ___
 3. I Request the Following Free Services: Yes ___ No ___

A. HEIGHT & WEIGHT for BODY MASS INDEX (BMI): The higher your BMI, the higher your risk for heart disease, stroke, type 2 diabetes, certain cancers, high blood pressure, breathing problems, osteoarthritis, and other diseases.

For ages 19 years and older:
 Underweight = Less than 18.5 BMI
 Normal weight = 18.5-24.9 BMI
 Overweight = 25-29.9 BMI
 Obesity = 30 or greater BMI

Height Inches: _____ or Cm _____
 Weight Pounds: _____ or Kg: _____
 BMI: _____ (For ages 5-18 years use WHO Chart: U ___ N ___ Ov ___ Ob ___)

B. CDC PREDIABETES SCREENING TEST RESULTS: _____
 0-2=Normal / 3-8=Healthy lifestyle / 9 or Greater=Need follow-up testing

C. BLOOD PRESSURE (Should always be confirmed by follow-up with your own doctor) For ages 18 years and older: Green=Normal/ Yellow=Pre-hypertension/ Red=Hypertension. Blood pressure in the hypertension range ("The Silent Killer") should be evaluated by your doctor as soon as possible.

Systolic: _____ Less than 120/ 120-139/ 140 or greater
 Diastolic: _____ Less than 80/ 80-89/ 90 or greater
 Pulse: _____ Varies (Lower is usually better)

A. Body Mass Index

B. CDC Prediabetes

C. Blood Pressure

HEALTH-CARE PROVIDER:

1. Takes History
2. Reviews BMI
3. Reviews Pre-Diabetes Screen
4. Obtains & Reviews BP
5. Provides additional Exam as Indicated.

6. Reinforces & Reviews relevant E-B Guidelines as time permits

7. Encourages and Refers for appropriate Follow-Up as indicated: Church-Based Health Education or other Services and/or nearest participating Curative Care Clinic

8. Offers Prayer

CHE&S Health Screening Record p 4

Enables Health Education & Patient Follow-up with Local Sponsors

IGLESIA UNIDOS EN CRISTO

Punta Colonet, Baja California

Servicios

Domingo a las 12:00am

Miercoles a las 5:00pm

Ministerios

Estudio Bíblico – Viernes a las 6:00pm

Consejería para mujeres, matrimonios y jóvenes,
problemas de adicciones,
o para aprender más acerca
de la prevención de enfermedades,
acudir o comunicarse al teléfono:

616-165-0177

IMMS

Oportunidades

Jaime Ledesma

Punta Colonet

616-165-7122

4

Local
Church
Support

Local
MOH
Clinic



Follow-up
Church-based
Health Fair
“Just One Soda”
Lesson



Follow-up
Women’s
Lifestyle
Group



Previous Health
Screening Event
documented increased
BMI, hypertension and
increased soda
consumption.



Baja, Mexico